



The Bible's veracity or truth about the human lifespan is confirmed again by modern science in an article published on BBC, entitled: "[Limit to human life may be 115 \(ish\).](#)"

While we certainly don't want to be dogmatic, since [Genesis 6:3](#) could mean God was saying that he would flood the earth in 120 years from that point in time, the Bible and science and history combine to point out this recently discovered truth.

A look at the lifetimes of people in [Genesis 5](#) tells us people were commonly living 700,800 and 900+ years prior to the flood (yes, these were literal solar years, like ours today). The demarcation point is the global flood, where God sets of new limit, saying:

"In the future, their normal lifespan will be no more than 120 years." ([Genesis 6:3b NLT](#))

The lifetimes after the flood begin to reduce dramatically as can be seen from the listing in [Genesis 11](#). There is a rapid decline from 600 years (**vs 10, 11**).

Lifespans continue to fall as can be seen from:

- [Genesis 23:1](#) = 127
- [Genesis 25:7](#) = 175

- Genesis 25:17 = 137
- Genesis 47:28 = 147
- Genesis 50:22, 26 = 110

While Aaron lived to be 123 (**Number 33:29**) and Moses 120 (**Deuteronomy 34:7**), these were exceptions by Moses time, the normal lifespan was 70 to 80.

“Our lifetime is seventy years or, if we are strong, eighty years.” (Psalm 90:10a NCV)

Amazingly, this is the same as it is today in fact, living beyond 100 is relatively rare, as borne out by the fact that the few who do are celebrated. As the article points out, 115(ish) is the upper limit of human existence, the same as it was 3,500 years ago in Moses time! Human lifespan today is limited to a maximum of exactly what God said it would be 4,400 years ago in **Genesis 6:3**! People who doubted the Bible would be wise to consider how the Bible is verified true every day by scientific, historical and archaeological discoveries.