



While there have at times been unconfirmed reports of people living longer, the facts confirm that human lifespan is limited to no more than about 120 years. About 50 years ago, for example, there was a man living in Florida, USA, named Charlie Smith, who claimed to be 130 years old. However, before the flood of Noah's day, about 4400-5500 years ago, God announced his decision that eventually the human age limit would be about 120 years.

"Yahweh said, 'My spirit cannot be indefinitely responsible for human beings who are only flesh; let the time allowed for each be a hundred and twenty years.'"—Genesis 6:3 NJB

Before the great Flood, people lived hundreds of years (**Genesis 5**), and for some time after the global deluge, although lifespans began to shorten, people still lived often longer than 120 years (**Genesis 11**). However, eventually, over time, human lifespans reduced to

usually less than 100 years, as reported in **Psalm 90:10**, about 3,500 years ago, and they have stayed that way ever since.

“The world’s oldest person, Brazilian nun Sister Inah Canabarro Lucas, has died at the age of 116.

Born on 8 June 1908 in the southern Brazilian state of Rio Grande do Sul, Inah Canabarro Lucas became a Catholic nun in her early 20s.”—Football-loving Brazilian nun, world’s oldest person, dies at 116, BBC Online News, April 30, 2025

People who live past age 100 are often pointed out as have extraordinary longevity, but there are no verified cases of people living longer than about 120 years, the maximum age set by God back in **Genesis 6:3**. Humans have tried to increase the lifespan of humans, but have been unsuccessful.

“Even if everyone else is a liar, God is true. As the Scriptures say about him, ‘You will be proved right in what you say’”—Romans 3:4 NLT

The facts confirm that what God said in his word the Bible long ago is true—the human age limit is about 120 years.

For further information, please the article: **“Human Lifespan Limit Confirmed By Science Verifies Bible Truth”**, on this website.